



First Aid & CPR Training Group

bystander management

If someone is willing to help, by all means, let them help!

Bystanders can be your most useful resource in a situation, however if improperly managed, they can be a source of worry or frustration. So how do you effectively manage bystanders?

There are always tasks they can do, but they want specific direction.

20 TASKS YOU CAN GET BYSTANDERS TO DO:

(In Sequential Order of Importance)

1. Make a 911 call
2. Ensure a 911 call has been made
3. Find an Automated External Defibrillator (AED)
4. Find barrier devices (gloves and mask, but any thin plastic will work)
5. Find a first aid kit
6. Find a blanket
7. Crowd control
8. Monitor vital signs (including: pupils, skin colour, skin temperature, breathing rate and rhythm, pulse rate and rhythm, level of consciousness)
9. Perform a head-to-toe examination and treat any secondary emergencies
10. Look for Medic Alert bracelet, anklet, necklace, card, etc.
11. Assist with CPR by performing 2 rescuer CPR
12. Maintain a constant open airway
13. Be on standby to continue CPR
14. If suspected spinal injury, immobilize victim at the head
15. Take notes on changing condition and associated time frame
16. Ask other bystanders for history of the situation
17. Ask if anyone knows the individual, if so, ask about their medical history
18. Treat bystanders who are in shock
19. Treat bystanders with other injuries
20. Wait for paramedics outside

DID YOU KNOW? In Ontario, the Good Samaritan's Act protects those who are trained, as well as those who are untrained, as long as there was good intent and common sense was used. Therefore, if you're getting tired while performing CPR, coach someone who is willing to help you through it.

NOTE: A quick reference guide is not a replacement for first aid and CPR training – get trained today and save a life.



ON-SITE

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