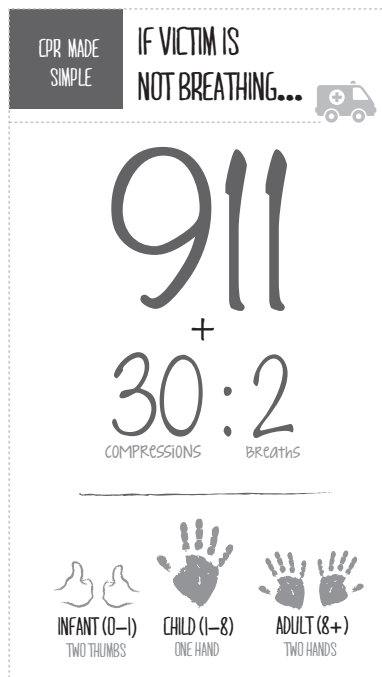


ON-SITE

First Aid & CPR Training Group

CPR made simple

In order to review and practice your CPR skills on an on-going basis, cut out the quick reference card below. It's wallet sized so you can take it with you on the go.



TIP: Pick one day every month to review your first aid & CPR knowledge. It will only take a few minutes of your time and it will help you maintain currency and confidence if you ever need to respond to a situation.

NOTE: A quick reference guide is not a replacement for first aid and CPR training – get trained today and save a life.



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