



**ON-SITE**

First Aid & CPR Training Group  
[www.onsitefirstaid.ca](http://www.onsitefirstaid.ca)

# Stand tall as first aid warriors.

**ON-SITE** delivers relevant first aid & CPR skills to **yoga instructors, studio staff** and **devoted yogis** across the GTA.

*Learn only as much as you want to learn with customized sessions that fit your studio's time and budgetary needs.*

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*Our training was informative with good requests for feedback and lots of interaction. We will definitely work with ON-SITE in the future!*

*- Nicky Poole (Yoga Community Leader,  
889 Yonge Yoga + Wellness Spa)*

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